

# CURRICULUM VITAE

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## Sarah Kost, MA

Lucerne University of Applied Sciences and Arts and University of Lucerne  
Center for Human Resource Management  
Faculty of Economics and Management  
Zentralstrasse 9, 6002 Lucerne, Switzerland  
sarah.kost@hslu.ch

## EDUCATION

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- Since 2023            **PhD in Economics and Management**, Center for Human Resource Management (CEHRM), University of Lucerne  
Supervisor: Prof. Dr. Bruno Staffelbach
- 2021 – 2023            **MA in Economics and Management with specialization in Management (market-oriented management)**, University of Lucerne  
Master thesis «*Motivationale, gesundheitliche und führungsbezogene Aspekte von Home-Office*»  
Supervisor: Dr. Anja Feierabend
- 2018 – 2021            **BA in Economics and Management**, University of Lucerne

## RESEARCH AND PROFESSIONAL EXPERIENCE

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- Since 2023            **Research Assistant and PhD candidate**, Center for Human Resource Management (CEHRM), University of Lucerne
- Since 2023            **Research Associate**, Lucerne University of Applied Sciences and Arts
- 2019 – 2023            Internship Aquafit Sursee (reception hotel; fitness trainer and customer support)

## LANGUAGES

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| German  | Native   |
| English | fluently spoken, academic and professional writing |
| French  | basic speaking and writing skills                  |

## INTERESTS & ACTIVITIES

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Sport (fitness, jogging), skiing