

# **Annual Report 2024**

Center for Rehabilitation in Global Health Systems



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# 1 Summary

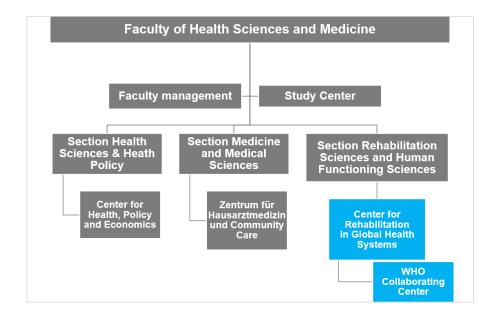
The University of Lucerne's Center for Rehabilitation in Global Health Systems (CRGHS), established in October 2017, is hosted by the Section of Rehabilitation and Functioning Sciences of the Faculty of Health Sciences and Medicine. In 2024, the CRGHS underwent a governance change: since October, Prof. Carla Sabariego serves as Director of the CRGHS and Head of the WHO Collaborating Center, with Prof. Sara Rubinelli as Co-Director of the CRGHS and Co-Head of the WHO Collaborating Center, and Prof. Gerold Stucki as Co-Director of the CRGHS. The former leadership team included Prof. Gerold Stucki as Director and Head of the WHO Collaborating Center, Prof. Carla Sabariego as Co-Director and Co-Head, and Prof. Peter Kirchschläger as Co-Director, to whom special thanks are extended for his valuable contributions over the years. In 2024, the CRGHS contributed to the implementation of the WHO Resolution "Strengthening Rehabilitation in Health Systems," consulting stakeholders and experts in Switzerland. In February, the CRGHS co-organized the first LIFE Forum Rehabilitation with LIFE, a conference uniting academia, clinical practice, and policymakers to address the resolution's implications for Switzerland. Additionally, the CRGHS played an active role in the World Rehabilitation Alliance, participating in its "Research" and "External Relations" workstreams. The CRGHS also made significant academic contributions, publishing 25 articles and editorials in relevant scientific journals. In 2024, the CRGHS was in its second four-year designation period as a WHO Collaborating Center, actively supporting WHO initiatives such as "Rehabilitation 2030," "Make Listening Safe," and the "UN/WHO Decade of Healthy Aging" through activities in a clearly defined workplan.

The Center for Rehabilitation in Global Health Systems' major goals are to pursue educational, research and implementation activities leading to the development of expertise and the know-how necessary to strengthen rehabilitation in global health systems.

# 2 Governance, members, advisory board

#### 2.1 Governance

The CRGHS and its WHO Collaborating Center are located in the Section of Rehabilitation and Functioning Sciences in the Faculty of Health Sciences and Medicine as is demonstrated in the following organigram:



# 2.2 Governance CRGHS as of October 2024

Name	Affiliation	E-Mail Address
Carla Sabariego Co-Director CRGHS Co-Head of WHO Collaborating Center	University of Lucerne, Faculty of Health Sciences and Medicine, Rehabilitation Sciences and Human Functioning Sciences	carla.sabariego@unilu.ch
Sara Rubinelli Co-Director CRGHS Co-Head of WHO Collaborating Center	University of Lucerne, Faculty of Health Sciences and Medicine, Health Sciences and Health Policy	sara.rubinelli@unilu.ch
Gerold Stucki Director CRGHS Head of WHO Collaborating Center	University of Lucerne, Faculty of Health Sciences and Medicine, Rehabilitation Sciences and Human Functioning Sciences	gerold.stucki@unilu.ch
Roxanne Maritz Coordinator	University of Lucerne, Faculty of Health Sciences and Medicine, Rehabilitation Sciences and Human Functioning Sciences	roxanne.maritz@unilu.ch

# 2.3 Members CRGHS 2024

Name	Affiliation
Jerome Bickenbach	University of Lucerne, Faculty of Health Sciences and Medicine
Christian Baumgartner	University of Lucerne, Faculty of Health Sciences and Medicine
Thekla Brunkert	University of Lucerne, Faculty of Health Sciences and Medicine
Diana Pacheco	University of Lucerne, Faculty of Health Sciences and Medicine
Vanessa Seijas	University of Lucerne, Faculty of Health Sciences and Medicine
Sara Rubinelli	University of Lucerne, Faculty of Health Sciences and Medicine
Stefan Boes	University of Lucerne, Faculty of Health Sciences and Medicine
Sarah Mantwill	University of Lucerne, Faculty of Health Sciences and Medicine
David Weisstanner	University of Lucerne, Faculty of Health Sciences and Medicine
Peter Kirchschläger	University of Lucerne, Faculty of Theology
Bernhard Rütsche	University of Lucerne, Faculty of Law
Mira Burri	University of Lucerne, Faculty of Law
Nicola Diviani	Swiss Paraplegic Research, Health Systems, Policy and Communication Unit, Nottwil
Stefan Goetz	Clinic St. Katharinental, Spital Thurgau AG
Oliver Stoller	ETH Zürich, Competence Centre for Rehabilitation Engineering and Science
Urban Schwegler	Swiss Paraplegic Research, Work and Integration Unit, Nottwil
Anke Scheel-Sailer	Berner Reha Zentrum, Department of Musculoskeletal Rehabilitation
Claudio Perret	Swiss Paraplegic Research, Nottwil, Neuromusculoskeletal Functioning and Mobility
Luise Menzi	Soziale Arbeit, Berner Fachhochschule
Thomas Nyffeler	Lucerne Cantonal Hospital, Neurorehabilitation/Research
Christian Sturzenegger	SUVA, Chief Medical Officer, Rehaklinik Bellikon
Jan Reinhardt	Sichuan University, Chengdu, China, Institute for Disaster Management & Reconstruction
Birgit Prodinger	Universität Augsburg, Medical Faculty
Reuben Escorpizo	University of Vermont, Department of Rehabilitation and Movement Sciences

#### 2.4 Advisory Board CRGHS 2024

Name	Affiliation
Melanie Behr	Quality Management, REHAB Basel
Mirjam Brach	Swiss Paraplegic Research, Nottwil
Stephanie Christensen	Versorgungsmonitoring, Gesundheitsdepartement Kanton Basel-Stadt
Dorothee Guggisberg	Lucerne University of Applied Sciences and Art, Division Social Work
Claudia Gabriel	Neurorehabilitation, Luzerner Kantonsspital
Robert Riener	ETH Zurich, Competence Centre for Rehabilitation Engineering and Science (RESC)

# 2.5 Regulations

Ongoing regulatory revisions at the University of Lucerne have resulted in updates to the «*Universitäres Rahmenreglement für die Institute, Zentren und Akademien»*, including the <u>CRGHS Regulations</u>, to align with the new University Statutes.

# 3 CRGHS activities and projects

## 3.1 Educational activities

#### **MOOC ICF-StARS Course**

In 2022, the Swiss National Science Foundation provided extra funding for a Massive Open Online Course (MOOC) related to the NRP 74 StARS project. Using the International Classification of Functioning, Disability and Health (ICF) and innovative statistical methods, the project showcased the creation of a Standardized Assessment and Reporting System (StARS) for rehabilitation functioning information. The ICF-StARS methodology, incorporating qualitative and quantitative methods like ICF-linking and Rasch analysis, facilitates harmonization and standardization of functioning information across various datasets and assessment tools.

The ICF-StARS MOOC aims to highlight the significance of standardized assessment and reporting in the health system, demonstrate StARS development, and explore potential applications. The target audience includes stakeholders involved in or assessing functioning information, such as healthcare professionals, quality managers, clinic management, government officials, health insurance officers, health science researchers, and students. The course spans over 5 weeks with a workload of approximately 30 hours, equivalent to 1 ECT.

In 2024, two course runs of the ICF-StARS MOOC took place in April and August. Both courses attracted international participants from various regions worldwide, including diverse healthcare professionals, government representatives, and NGO staff. Additional information on the course and registration for further course runs can be found here.

#### CAS Programme Rehabilitation Management

Two directors and the coordinator of the CRGHS were involved in the development of the CAS Program in Rehabilitation Management, a collaborative effort with the Swiss Paraplegic Centre, Suva and the Lucerne Cantonal Hospital. The objectives of the CAS are to empower individuals to assume active and leadership roles as specialists in clinical rehabilitation management within an interprofessional rehabilitation setting. The mandatory modules cover the fundamentals of patient-centred rehabilitation, operational rehabilitation management, as well as topics such as leadership, communication, and rehabilitation in the Swiss healthcare system. Elective modules allow for specialization in areas such as digitalization and artificial intelligence in rehabilitation, health insurance law, or labour integration, along one of two possible focus paths. The target audience includes healthcare professionals, individuals responsible for quality management and insurance, as well as those interested in the Swiss health and rehabilitation sector. The CAS Programme is scheduled to commence in September 2025. More information on the program can be found <a href="here">here</a>.

# Joint Lecture Series CRGHS & RESC

In 2024, the CRGHS organized and conducted the second edition of its Joint Online Lecture Series in collaboration with the Competence Centre for Rehabilitation Engineering and Science (RESC) from ETH Zurich. The series, held in September 2024, was presented in German and titled "Stärkung der Rehabilitation in der Schweiz - Interprofessionelle Bildung als Treiber der digitalen und technologischen Transformation." This edition of the lecture series focused on the role of interprofessional education as a driver of digital and technological transformation in

rehabilitation. For additional information on the lectures and respective recordings, please refer to the <u>Activities Section on our CRGHS homepage.</u>

#### 3.2 Research Activities

Many different research activities were conducted and facilitated by the CRGHS in 2024, two of which are presented in more detail in the purpose of the annual report:

- A national stakeholder consultation on Swiss rehabilitation stakeholders' perceptions of the relevance, opportunities, and challenges of the WHO's Rehabilitation Resolution in Switzerland through an online survey. The results were published <a href="here">here</a>. To develop policy recommendations based on the survey findings, the CRGHS organized two expert workshops in the fall of 2024.
- An international stakeholder consultation on Rehabilitation and Healthy Ageing (WHO CC task). In collaboration with the WHO Regional Office for Europe, the CRGHS conducted a global online survey on the current delivery of rehabilitation for individuals aged 60 and older. Available in all WHO official languages and German, the survey addressed challenges outlined in the United Nations and WHO Decade of Healthy Ageing (2021-2030). The survey, which closed in December 2023, received over 3,000 responses. Its results are intended to complement the findings of a scoping review conducted by the Center in the previous year. In 2024, the rich results were analysed and prepared for publication.

#### 3.3 Other activities

#### LIFE Forum Rehabilitation

Together with the Lucerne Initiative for Functioning, Health, and Well-being (LIFE), the CRGHS co-organized the inaugural LIFE Forum Rehabilitation event, held at the University of Lucerne on February 15th, 2024. The event focused on the topic "The WHO Resolution Strengthening Rehabilitation in Health Systems: What Does This Mean for Switzerland?". Additionally, preparatory work for organizing the LIFE Forum Rehabilitation 2025 was conducted, with the event set to focus on visions for integrated rehabilitation care in Switzerland, taking place on September 18th, 2025.

#### World Rehabilitation Alliance

The World Rehabilitation Alliance (WRA), hosted by the WHO, provides a network for stakeholders to promote rehabilitation, expand their professional connections, and share experiences. The WRA's mission is to support the implementation of the Rehabilitation 2030 Initiative through advocacy activities. The CRGHS became a member upon the WRA's establishment in 2022. In 2024, the CRGHS actively contributed to the WRA working stream on "Research," focusing on advocacy for health systems and policy research in rehabilitation, as well as the "External Relations" working stream.

# 4 Current activities and projects WHO CC

The CRGHS is currently in its second designation period as a WHO Collaborating Centre (WHO CC) for the years 2022-2026, affiliated with the World Health Organization (WHO) Department for the Management of Noncommunicable Diseases, Disability, Violence, and Injury Prevention, Unit for Disability and Rehabilitation. The work plan for this designation period consists of three Terms of Reference (TORs), each outlining specific activities within a unified work plan. TOR 1 and TOR 2 were developed in collaboration with the WHO Headquarters in Geneva, while TOR 3 involves a collaborative project with the WHO Regional Office for Europe.

TOR 1:	Contribute, under WHO's leadership, to the implementation of the WHO "Rehabilitation 2030: A Call for Action" initiative.
TOR 2:	At WHO's request, provide input towards the development of health communications for WHO's "Make Listening Safe" initiative.
TOR 3:	Contribute, in agreement with WHO's healthy ageing agenda in the scope of the "2021-2030 UN Decade of Healthy Ageing"

#### 5 Outreach activities

# 5.1 Publications 2024 (CRGHS members displayed in bold)

- Bernard, R. M., Seijas, V., Davis, M., Volkova, A., Diviani, N., Lüscher, J., & Sabariego, C. (2024). Self-Management Support Apps for Spinal Cord Injury: Results of a Systematic Search in App Stores and Mobile App Rating Scale Evaluation. *JMIR mHealth and uHealth*, 12, e53677. <a href="https://doi.org/10.2196/53677">https://doi.org/10.2196/53677</a>
- Diaz, M.A., **Bickenbach, J.E.**, **Sabariego, C.**, & Bernard, R.M. (2024). Qualitative methodological approaches involving participants with intellectual disabilities: Scoping review of literature exploring death and dying. *Journal of Applied Research in Intellectual Disabilities*, 37(2), e13119. <a href="https://doi.org/10.1111/jar.13119">https://doi.org/10.1111/jar.13119</a>
- Frontera, W.R., Cordani, C., Décary, S., de Groote, W., Del Furia, M.J., Feys, P., Jette, A.M., Kiekens, C., Negrini, S., Oral, A., Resnik, L., Røe, C., Sabariego, C., participants in the 5th Cochrane Rehabilitation Methodological Meeting. (2024). Relevance and use of health policy, health systems, and health services research for strengthening rehabilitation in real-life settings: Methodological considerations. European Journal of Physical and Rehabilitation Medicine, 60(1), 154–163. <a href="https://doi.org/10.23736/s1973-9087.24.08386-2">https://doi.org/10.23736/s1973-9087.24.08386-2</a>
- Gosling, J., Maritz, R., Laplante-Lévesque, A., & Sabariego, C. (2024). Lessons learned from health system rehabilitation preparedness and response for disasters in LMICs: A scoping review. BMC Public Health, 24, 806. <a href="https://doi.org/10.1186/s12889-024-17992-2">https://doi.org/10.1186/s12889-024-17992-2</a>
- Hodel, J., Sabariego, C., Galvis Aparicio, M., Scheel-Sailer, A., Seijas, V., & Ehrmann, C. (2024). Revisiting functioning recovery in persons with spinal cord injury undergoing first rehabilitation: Trajectory and network analysis of a Swiss cohort study. PLoS ONE, 19(2), e0297682. <a href="https://doi.org/10.1371/journal.pone.0297682">https://doi.org/10.1371/journal.pone.0297682</a>
- Kleinitz, P., Sabariego, C., Llewellyn, G., Taloafiri, E., Mangar, A., Baskota, R., et al. (2024). Integrating rehabilitation into health systems: A comparative study of nine middle-income countries using WHO's Systematic Assessment of Rehabilitation Situation (STARS). PLoS ONE, 19(2), e0297109. <a href="https://doi.org/10.1371/journal.pone.0297109">https://doi.org/10.1371/journal.pone.0297109</a>
- Lorenz, V., Seijas, V., Gattinger, H., Gabriel, C., Langins, M., Mishra, S., & Sabariego, C. (2024). The role of nurses in rehabilitation in primary health care for ageing populations: A secondary analysis from a scoping review. SAGE Open Nursing, 10, 23779608241271677. <a href="https://doi.org/10.1177/23779608241271677">https://doi.org/10.1177/23779608241271677</a>
- Lussi, C., Bickenbach, J., Halvorsen, R., & Sabariego, C. (2024). Trends over the past 15 years in long-term care in Switzerland: a comparison with Germany, Italy, Norway, and the United Kingdom. BMC Geriatrics, 24(1), 627. https://doi.org/10.1186/s12877-024-05195-8
- Maritz, R., Beganovic, L., Weisstanner, D., Menzi, L., & Sabariego, C. (2024). Exploring perspectives on implementing the World Health Assembly's Resolution for Strengthening Rehabilitation in Health Systems in Switzerland: A representative rehabilitation stakeholder survey. Disability and Rehabilitation. https://doi.org/10.1080/09638288.2024.2429744
- Metzger, S., Polanco, B., Eriks-Hoogland, I., Scheel-Sailer, A., & Pacheco Barzallo, D. (2024). Utilization
  and features of rehabilitation and health services for persons with spinal cord injury. European Journal of
  Physical and Rehabilitation Medicine. <a href="https://doi.org/10.23736/s1973-9087.24.08391-6">https://doi.org/10.23736/s1973-9087.24.08391-6</a>
- Moreira, B., Hodel, J., Selb, M., Kim, J., Fellinghauer, C., Bickenbach, J., & Sabariego, C. (2024).
   Overview of available functioning data in Switzerland: Supporting the use of functioning as a health indicator alongside mortality and morbidity. *International Journal of Public Health*, 69, 1607366. <a href="https://doi.org/10.3389/ijph.2024.1607366">https://doi.org/10.3389/ijph.2024.1607366</a>
- Oña, A., Schwegler, U., Leiulfsrud, A., Kouda, K., Boekel, A., & Pacheco, D. (2024). Disability, unemployment, and inequality: A cross-country comparison of the situation of persons with spinal cord injury. International Journal of Social Determinants of Health and Health Services, 54(3), 247–259. https://doi.org/10.1177/27551938241235780
- Pacheco Barzallo, D., Oña, A., Brach, M., & Gemperli, A. (2024). Healthcare Service Utilization and Related Costs. A Comparison of the Situation of Persons With Spinal Cord Injury to the General Population. American Journal of Physical Medicine & Rehabilitation, 103(11S Suppl 3), S251-S259. https://doi.org/10.1097/PHM.0000000000002539
- Pacheco Barzallo, D., Schnyder, A., Zanini, C., & Gemperli, A. (2024). Gender differences in family caregiving: Do female caregivers do more or undertake different tasks? BMC Health Services Research, 24, 730. <a href="https://doi.org/10.1186/s12913-024-11191-w">https://doi.org/10.1186/s12913-024-11191-w</a>
- Polanco, B., Oña, A., Sabariego, C., & Pacheco Barzallo, D. (2024). Chronic health conditions and their impact on the labor market: A cross-country comparison in Europe. SSM - Population Health, 26, 101666. <a href="https://doi.org/10.1016/j.ssmph.2024.101666">https://doi.org/10.1016/j.ssmph.2024.101666</a>
- Raggi, A., Bernard, R.M., Toppo, C., Sabariego, C., Salvador-Carulla, L., Lukersmith, S., Hakkaart-van Roijen, L., Merecz-Kot, D., Olaya, B., Antunes Lima, R., Gutiérrez-Marín, D., Vorstenbosch, E., Curatoli, C., & Cacciatore, M. (2024). The EMPOWER Occupational e-Mental Health Intervention Implementation Checklist to Foster e-Mental Health Interventions in the Workplace: Development Study. Journal of Medical Internet Research, 26, e48504. <a href="https://doi.org/10.2196/48504">https://doi.org/10.2196/48504</a>

- Sabariego, C., Hodel, J., Seijas, V., Rodriguez-Laso, A., Bickenbach, J., & Ehrmann, C. (2024). Are healthy ageing trajectories suitable to identify rehabilitation needs of the ageing population? An exploratory study using ATHLOS cohort data. PLoS ONE, 19(7), e0303865. https://doi.org/10.1371/journal.pone.0303865
- Sabariego, C., Kamenov, K., Barrett, D., Cieza, A., Bickenbach, J., & Pacheco Barzallo, D. (2024). Can
  we still ensure no one is left behind by 2030? Demonstrating the potential of the implementation of the WHO
  Functioning and Disability Disaggregation Tool (FDD11) in existing survey platforms for disaggregating SDG
  indicators by disability. Disability and Rehabilitation, 1-13. https://doi.org/10.1080/09638288.2024.2367597
- Sabariego, C., Lee, L., Bickenbach, J., & Chatterji, S. (2024). Estimating disability prevalence in population surveys: an exploratory study using national surveys carried out in Ethiopia, Uganda, Tanzania, and the USA. Disability and Rehabilitation, 1-8. <a href="https://doi.org/10.1080/09638288.2024.2441424">https://doi.org/10.1080/09638288.2024.2441424</a>
- Seijas, V., Maritz, R., Fernandes, P., Bernard, R.M., Lugo, L.H., Bickenbach, J., & Sabariego, C. (2024). Rehabilitation delivery models to foster healthy ageing a scoping review. Frontiers in Rehabilitation Sciences, 5, 1307536. <a href="https://doi.org/10.3389/fresc.2024.1307536">https://doi.org/10.3389/fresc.2024.1307536</a>
- Seijas, V., Maritz, R., Mishra, S., Bernard, R.M., Fernandes, P., Lorenz, V., Machado, B., Posada, A.M., Lugo-Agudelo, L.H., Bickenbach, J., & Sabariego, C. (2024). Rehabilitation in primary care for an ageing population: A secondary analysis from a scoping review of rehabilitation delivery models. BMC Health Services Research, 24, 123. <a href="https://doi.org/10.1186/s12913-023-10387-w">https://doi.org/10.1186/s12913-023-10387-w</a>
- Seijas, V., Schrepfer, L., Posada, A.M., Spir, M.A., Machado, B., Sigrist-Nix, D., Scheel-Sailer, A., Eriks-Hoogland, I., & Sabariego, C. (2024). Evidence-based recommendations for the rehabilitation and management of the ageing population with spinal cord injury: A systematic review of clinical practice guidelines. European Journal of Physical and Rehabilitation Medicine, 60(3), 433–444. https://doi.org/10.23736/s1973-9087.24.08244-3
- Stucki, G., & Bickenbach, J. (2024). Guest Editorial: Understanding the Lived Experience and Societal Response to Persons With Spinal Cord Injury: A Comprehensive 360° Approach. American Journal of Physical Medicine and Rehabilitation, 103(11S Suppl 3), S237-S239. https://doi.org/10.1097/PHM.00000000000002588

#### 5.2 Conferences and WHO Meetings

- Pflegesymposium Rehabilitation Care 2024, Zurich, March 14, 2024. Presentation: Sabariego C. Participation: Maritz R.
- Webinar Asociación Colombiana de Medicina Física y Rehabilitación "Fortalecimiento de la Rehabilitación en los sistemas de salud", Online, March 19, 2024. Speaker: Seijas V.
- Institute for Disability and Rehabilitation Research Webinar Series, Ontario Tech University, May 6, 2024. Speaker: Seijas V. "Improving Access to and Coverage of Rehabilitation Services through the Implementation of Rehabilitation in Primary Health Care: A Case Study in Chile."
- World Health Assembly (WHA) in Geneva, May 27-30, 2024. Stucki G., Role: Participation
- Annual Meeting CRGHS & WHO Headquarters, Geneva, September 10, 2024. Bickenbach J., Maritz R., Sabariego C.
- ISCOS Conference 2024, Antwerp, September 22-25, 2024. Poster: Seijas V., Sabariego C. (Hans Frankel Award received)
- World Organization of Family Doctors (WONCA) Europe Conference 2024, Dublin, September 25-28, 2024.
   Poster:Seijas V..
- WHO Collaborating Centers for Rehabilitation Network Meetings, online meetings, August and October 2024, Sabariego C. and Maritz R.
- European Public Health Conference 2024, Lisbon, November 14-17 2024. Poster: Maritz, R.
- Reha Schweiz Kongress 2024 Reha meets Technology Technology meets Reha, Zurich, Oktober 17-18 2024,
   Presentation: Rubinelli S., Weisstanner D. Participation: Maritz R.
- Medical Humanities Series "Alt werden Inklusion und Gesundheit im Alter: Wege zur Lebensqualität" Bern, October 31st 2024. Participant: Maritz R.

# 5.3 Consultation and working groups

- World Rehabilitation Alliance on Health Systems and Policy Research for Rehabilitation, monthly meetings, Members: Maritz R., Touhami D.
- World Rehabilitation Alliance workstream on external relations since October 2024: Rubinelli S.
- Member of the WHO Consortium of Metrics and Evidence for Healthy Ageing of the former WHO Department of Healthy Ageing since 2021: Sabariego C.
- Expert reviewer of several WHO Rehabilitation 2030 tools, including the Rehabilitation Indicators Menu and the Rehabilitation in Health Financing: Sabariego C.

#### 5.4 CRGHS Communication channels

# Newsletter

Regular CRGHS newsletters were sent out, totalling six in 2024. These newsletters provided information to CRGHS members, the advisory board, and colleagues about current activities and events.

#### Homepage

The CRGHS homepage was updated in 2024, incorporating new information related to its members, advisory board, annual report, WRA membership, and CRGHS activities, including courses, events, and current projects.

# CRGHS LinkedIn Page

Regular LinkedIn posts, with over 30 posts and reposts in 2024, were created to inform the network about CRGHS events, publications, projects, employment opportunities, and other topics connected to the mission of the Center.